

Packing List (6th/7th Grades)

- 1 sleeping bag or bed roll (sheets and blanket)
- 1 pillow
- 1 polyester fleece
- 2 towels (one for swimming)
- Toiletries (soap, shampoo, toothbrush, etc...)
- 1 pair of pajamas
- 2 sets of underwear per day
- 1 swimsuit
- Sunscreen
- Sneakers (2 pairs)
- Hiking boots or shoes (must have ankle support)
- 6 pairs of cotton socks
- 1 pair of woolen socks
- 3-4 pairs of shorts
- 4 t-shirts
- 1 sweatshirt (casual) or old sweater
- 1 pair of old jeans
- Something casual to wear in the evenings
- 1 cap or hat
- 1 raincoat with hood or rain poncho
- 1 32oz water bottle
- Insect repellent
- 1 pair of flip-flops (for shower)
- 1 small flashlight

Optional Items

- Disposable Camera
- Money (small amount to purchase souvenirs)
- Small daypack
- **** Medicines: labeled and given to advisor at AIS****

Please Do Not Send!

- Food – you may eat on the bus, but no food is to be taken into camp
- Electronic devices (cell phones, handheld games, MP3 players, etc...)
- Aerosol sprays: including deodorant, etc... - roll on only
- Backless shoes
- Jewelry or expensive watches: Do not bring or wear

Make sure all items are marked with your child's name. Only old clothes are needed. New clothes may be ruined by heavy outdoor use.