

Summer Lunch for Camp Students

Morning Snack Schedule	Week:	Monday	Tuesday	Wednesday	Thursday	Friday
Mon Fresh Fruit Tue French Toast with Jam Wed Bananas and Apples Thur Blueberry Scones Fri English Muffins & Scrambled Eggs	June 16-20 July 28-Aug 1	A. Spaghetti & Meatballs w/ sautéed broccoli and carrots B. Vegetarian meatballs with spaghetti	A. Fruit & Sandwich (Ham or Turkey) B. Avocado and Portobello Wrap	A. Kosher Beef Hotdog and baked beans B. Veggie Burger	A. Fish Sticks and corn on the cob B. Veggie Burrito	A. Pepperoni, Vegetable & Cheese Pizza
Mon Banana Muffins Tue Peaches and Plums Wed Mini Bagels with Cream Cheese Thur Bananas or Oranges Fri Sausage Biscuit	June 23-27	A. Meatball Sub w/ Chips & Veggies	A. Chicken Tenders with roasted potatoes	A Turkey BLT Wrap with pasta salad	A. Chili Macaroni & Cheese with steamed peas	A. BBQ Chicken Leg and broccoli
Mon Cereal in a sac Tue Nectarines Wed Croissant w/ jam Thur Fresh fruit Fri Blueberry Scones	July 7-11	A. Chicken Quesadilla w/ summer squash and zucchini	A. Cheese Lasagna w/ side of broccoli	A. Grilled Chicken & Wild Rice	A. Tuna Salad or Chicken Salad w/ Fruit	A. Nachos
Mon Peaches and Yogurt Tue English Muffins & Eggs Wed Bananas or Apples Thur Sausage Biscuit Fri Fresh Fruit	July 14-18	A. Chicken Caesar Wrap w/ fruit and chips B. Veggie Wrap	A. Corn dog w/ tator tots and carrots B. Veggie Burgers	A. Tortellini Alfredo with Green Peas B. Chef Salad	A. Turkey Burger with sautéed vegetables B. Grilled Cheese	A. Sloppy Joe w/ tator tots and green beans B. Veggie Sloppy Joe
Mon French Toast Tue Fresh Fruit Wed Biscuits with Jelly Thur Bananas Fri Blueberry Scones	July 21-25	A. Grilled Chicken w/ rice and green beans B. Chef Salad	A. Fish sticks w/ corn and Salad B. Veggie Burger	A. Bowtie pasta with chicken and marinara sauce w/broccoli B. Bowtie pasta and marinara sauce	A. Grilled Cheese and carrot sticks and chips B. Veggie and Humus Wrap	End Of Camp Cookout!!
Mon Fresh Fruit Tue French Toast with Jam Wed Bananas and Apples Thur Blueberry Scones Fri English Muffins & Scrambled Eggs	June 16-20 July 28-Aug 1	A. Spaghetti & Meatballs w/ sautéed broccoli and carrots B. Vegetarian spaghetti	A. Fruit & Sandwich (Ham or Turkey) w/veggie sticks B. Veggie and Humus Wrap	A. Kosher Beef Hotdog and baked beans B. Veggie Burger	A. Chicken tenders and corn B. Avocado and Portobello Wrap	A. Pepperoni, Vegetable & Cheese Pizza B. Chef Salad