



Upper School Swim Team Schedule 2007-2008

Mon	Tue	Wed 24-Oct	Thu	Fri	Sat
		First Practice 4:00-5:00		Practice 4:45-5:30	
Mon 29-Oct	Tue 30-Oct	Wed	Thu	Fri	Sat
Practice 4:00-5:00	Dry Practice 3:45-5:15			Practice 4:45-5:30	
Mon 5-Nov*	Tue	Wed	Thu	Fri 9-Nov	Sat
Practice 4:00-5:00	Dry Practice 3:45-5:15			No Practice Parent Conferences	
Mon 12-Nov*	Tue 13-Nov*	Wed	Thu	Fri	Sat
Practice 4:00-5:00	@ St. Francis on Roswell 4:30			Practice 4:45-5:30	
Mon 19-Nov	Tue	Wed 22-Nov	Thu 23-Nov	Fri 24-Nov	Sat
Practice 4:00-5:00	No Practice	School Closed Thanksgiving			
Mon 26-Nov	Tue	Wed	Thu	Fri	Sat 2-Dec
Practice 4:00-5:00	Dry Practice 3:45-5:15			Practice 4:45-5:30	
Mon 3-Dec	Tue	Wed	Thu	Fri	Sat 8-Dec
Practice 4:00-5:00	Dry Practice 3:45-5:15			Practice 4:45-5:30	Pace Academy 9:30 am
Mon 10-Dec	Tue	Wed	Thu	Fri 14-Dec	Sat
Practice 4:45-5:30	Dry Practice 3:45-5:15			No Practice	
Fri	Tue	Wed	Thu		Sat
Winter Break Dec 17-Jan 2					
Mon 31-Dec	Tue	Wed	Thu	Fri 4-Jan	Sat
School Closed				Practice 4:45-5:30	
Mon 7-Jan	Tue	Wed	Thu	Fri	Sat
Practice 4:00-5:00	Dry Practice 3:45-5:15			Practice 4:45-5:30	
Mon 14-Jan	Tue	Wed	Thu	Fri	Sat 20-Jan
Practice 4:00-5:00	Dry Practice 3:45-5:15			Practice 4:45-5:30	Pace Academy TBC by Pace
Mon 21-Jan	Tue	Wed 24-Jan	Thu	Fri	Sat 27-Jan
School Closed MLK	Dry Practice 3:45-5:15			Practice 4:45-5:30	

Notes

- 1) Meets attended last year – Westminster, Pace, St Francis and Lovett.
- 2) Any student representing AIS in a school team, must have a current physical evaluation form on file in the athletics office before they can participate.