



K-12 Physical Education Uniform Policy

Dear Parents/Guardians,

Please find below our PE uniform policy. We feel this will help better prepare the students for physical activity both physically and mentally, whilst freely enabling their performances in class.

4K and 5K

All students are encouraged to wear athletic sports clothing; T-shirt, shorts, sweat pants, sweatshirt and athletic sports shoes (tennis, basketball etc). Please avoid skirts and open shoes for safety and comfort reason.

Grades 1-10

The uniform will be composed of any of the following AIS PE logo items depending upon an indoor or outdoor lesson. All clothing can be purchased from the SAC school store.

- T-shirt grey
- Shorts blue
- Sweat pants grey (cotton)
- Sweatshirt grey (cotton)
- Track pants blue (polyester)
- Jacket blue (polyester)
- Athletic sports shoes (Laced shoes and no open toes)

Note - any AIS branded logo T-shirt (Field Day, Worldfest, Theatre etc) that is not grey may be worn on one day the grey T-shirt is being washed. If the non grey T-shirt is worn two consecutive days, we will consider this as having no uniform (kit) for lesson. Any Field Day T-shirts adorning graffiti will also be considered as no uniform (kit).

Grades 6-10

Same as above, except that PE uniform is part of a students overall assessment grade (see website <http://www.aischool.org/academics/physed.shtml>). Therefore a note from a parent stating the uniform is in the wash, is not an acceptable reason for non-participation in PE lessons.

Grades 11-12

All students are encouraged to wear athletic sports clothing; T-shirt, shorts, sweat pants, sweatshirt and athletic sports shoes. It is not compulsory for them to wear AIS PE clothing, so long as it is in line with the schools dress code.

All Grades

Please ensure that names are on the PE uniform items.

All students will not wear jewelry, earrings etc to lessons. We encourage students to leave watches, valuables etc in their classroom or personal lockers. If they do bring valuable items to the SAC lockers, they may bring a lock for the duration of the day, but the school is not liable for lost or stolen valuables.

If you have any questions concerning any of the above, please do not hesitate to contact us.

Yours sincerely

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